

# PSYCHOTHERAPY & COUNSELLING TODAY

## Information for Contributors

*Psychotherapy & Counselling Today* is the professional journal of the Psychotherapy and Counselling Federation of Australia (PACFA). The journal is a non peer-reviewed publication.

The journal aims to provide stimulating and informative reading on psychotherapy and counselling and to add to the evidence-base, scholarship and debate on psychotherapy and counselling practice, education and research. The journal is aimed at practitioners, educators, researchers and students, to support their ongoing professional learning.

### Journal sections

Contributions are sought from authors for the following sections of *Psychotherapy & Counselling Today*:

- Articles – 3,000 to 7,000 words
- Reflections on Practice – 1,000 to 1,500 words
- Book Reviews – 600 to 1,200 words
- Ethics – 600 to 1,200 words
- Training and Education – 800 to 1,500 words
- Comment – 600 to 1,200 words

### Submission Guidelines

All submissions to *Psychotherapy & Counselling Today* are to be submitted electronically to the Editor at [pct-editor@pacfa.org.au](mailto:pct-editor@pacfa.org.au)

Articles for all sections of the journal are required to:

- Demonstrate relevance to practice, education or research in counselling and psychotherapy;
- Have a coherent structure and argument;
- Be written in a formal style suitable for publication; and
- Use APA (6th edition) referencing conventions.

When submitting an article or book review, please follow the submission guidelines:

- Submissions must be formatted as a Word document or similar (Microsoft compatible).
- Authors should include the title for the article or book review and the name(s) of the author(s) and their contact details (email and phone).
- Authors should ensure references follow APA (6th edition) referencing conventions.

Although *Psychotherapy & Counselling Today* is not a peer-reviewed publication, authors must be prepared to address comments from the Editor and accept any changes required by the Editor.

Once an article is accepted for publication, the author (or first author if the article is a co-authored submission) will be notified of an approximate publication date, whereupon permission to publish the article is granted to PACFA (unless the author and/or co-authors withdraw).

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