

# College of Psychotherapy – Somatic Psychotherapy

## Membership Requirements

The Somatic Psychotherapy Modality of the College of Psychotherapy has five levels of membership.

### **Clinical Member**

Clinical Members are those practitioners who have completed:

1. 540 hours minimum professional training in a course deemed relevant as a pathway to practising membership of the Somatic Psychotherapy Modality of the College of Psychotherapy, as well as meeting the requirements of the [PACFA Training Standards](#);
2. At least 125 hours (minimum) supervision of which 75 hours (minimum) is post-training weekly supervision with private psychotherapy clients;
3. Aligned with 950 hours face-to-face client hours of which 750 hour are post-training;
4. 200 hours of personal psychotherapy; and
5. The assessment process for Clinical Member (a case study, a 3,000 word essay on their theoretical model and an interview) if not already previously completed

### **Provisional Member**

Provisional Members are those practitioners who have completed:

1. 540 hours (minimum) professional training in a course deemed relevant as a pathway to practising membership of the Somatic Psychotherapy Modality of the College of Psychotherapy, as well as meeting the requirements of the [PACFA Training Standards](#);
2. 10 hours (minimum) of approved supervision aligned to 40 client contact hours;
3. 100 hours (minimum) of personal psychotherapy; and
4. The assessment process for Provisional Members (an interview).

### **Student Member**

Student Members are those members who are currently undertaking a relevant training program that can lead to membership of the Somatic Psychotherapy Modality of the College of Psychotherapy.

### **Affiliate Member**

Affiliate members are those who wish to involve themselves in the activities of the Somatic Psychotherapy Modality of the College of Psychotherapy. There is no requirement to have completed professional training in Somatic Psychotherapy or to be practising as a Somatic Psychotherapist.