

# College of Psychotherapy Membership: Eligibility Criteria



Psychotherapy and Counselling  
Federation of Australia

College of Psychotherapy

## APPENDIX 1: ELIGIBILITY CRITERIA

### ELIGIBILITY CRITERIA

Please confirm your eligibility for membership of the College of Psychotherapy by completing the below criteria:

<p><b>I currently hold Clinical level PACFA registration</b></p>	<input type="checkbox"/>
<p><b>I have completed an experiential course(s) with minimum 450 hours of direct training contact (theory and practice) in psychotherapy.</b></p> <p>I confirm that a <i>maximum</i> of two psychotherapy training courses have been included in this application.</p> <p>If two courses have been included in this application, I confirm that the core/primary training undertaken comprised at least 300 hours of direct contact training.</p> <p>I confirm that the 450 hours of direct contact training was completed within 8 years of the commencement of training. <i>(If two courses have been referenced, both courses must have been completed within 8 years of the start date of the first course).</i></p>	<input type="checkbox"/>
<p><b>I confirm that training included in this application is in addition to the training undertaken to join PACFA originally.</b></p> <p><i>* The first 400 hours of training included in your initial PACFA application cannot be used again for the 450 hours required in psychotherapy to gain the RCP title.</i></p>	<input type="checkbox"/>
<p><b>I confirm that 200 hours of supervised client contact was completed during my training.</b></p> <p><i>* Maximum 50% of this supervision may come from group supervision of no more than 6 group members.</i></p>	<input type="checkbox"/>
<p><b>I confirm that I have completed 50 hours of supervision during and post training.</b></p> <ul style="list-style-type: none"> <li>› Group supervision comprises no more than 50% of my total supervision hours. <i>(Note: any group supervision may not have more than 6 group members).</i></li> <li>› The supervision was completed within 8 years of commencement of training.</li> <li>› The supervision was face-to-face (in person or online).</li> <li>› The supervision was undertaken in the modality which I have trained in.</li> </ul>	<input type="checkbox"/>
<p><b>I confirm that I have completed 150 hours of personal psychotherapy, either within or concurrently with training.</b></p> <ul style="list-style-type: none"> <li>› All therapy hours were completed in the core recognised modality I have trained in.</li> <li>› The therapy hours evidenced took place within/concurrently with training:             <ul style="list-style-type: none"> <li>- Hours may start from one year prior to commencement of training, must run concurrent to training, and must be completed within 5 years of the start of training.</li> <li>- Therapy hours should not exceed 5 years in total.</li> </ul> </li> <li>› At least 120 of the therapy hours comprised one-on-one personal psychotherapy. <i>* Applicants may choose to evidence up to 30 hours of group therapy (with maximum of 6 participants).</i></li> <li>› The psychotherapist providing the therapy hours must have a qualification in the same modality and be practicing in the same modality.</li> <li>› The therapy hours have been evidenced by the <a href="#">Personal Psychotherapy Verification Form</a> or by a letter from the relevant training institution.</li> </ul>	<input type="checkbox"/>